



Hi Kids,

Let's learn about the science of FRUIT!

Observe your lunch...

Choose a piece of fruit – maybe an apple or peach or any kind of fruit in your lunch. To **observe** your fruit, we will carefully study it using our five senses.

See	What color is it? What size?
Smell	Is it a strong or weak smell?
Touch	Is it soft or firm? Smooth or rough?
Taste	Do you give it a thumbs up or down?
Hear	What sounds do you hear when you bite into it?

Fruits have seeds. Each fruit has a different number of seeds.

- Apples have around 8 seeds.
- Peaches and avocados each have 1 seed, called the **pit**.
- A single strawberry can have around 200 seeds on it!
- Fruits don't always have seeds, such as **seedless** grapes or watermelon.
- **How many seeds does your fruit have?** _____

Joke: *What did the strawberry say when she was given a gift?*

**answer below*

Answer: Thank you berry much!



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**answer below*

Answer: Thank you berry much!

Go outdoors...

Find a plant to **observe**, or carefully study. It could be a green piece of grass or a dandelion or another plant.

See	What color is it? What size?
Smell	Is it a strong or weak smell?
Touch	Is it soft or firm? Smooth or rough?
Taste	Don't taste this plant!
Hear	Listen carefully. Does this plant make sounds in the wind?

A read-aloud story about FRUITS... A Fruit is a Suitcase for Seeds

<https://youtu.be/kZ8VXanJUz8>

by Jean Richards

Use these words to fill in the blanks below: **answers below*

pit seeds outside tiny many

1. Many _____ travel inside fruits.
2. Some fruits, like a cherry, carry one big seed inside them. This big seed is called a _____.
3. Some fruits, like an apple, have _____ small seeds inside of them
4. Some fruits, like a kiwi, have many many _____ seeds inside of them.
5. Many berries, such as strawberries and blackberries, carry their seeds on the _____.



For more nature activities,
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