

Chrysalis After-School HerStory Committee Agenda, March 30, 2010

- **When?**—Terry submitted two dates to Shawn Johnson last week—May 18 and 25; we are waiting to hear if she is available. As of Monday afternoon, both the Iowa Hall of Pride and HyVee Hall were open both of those days. We are looking at a 4 pm start time, and ending at 6:15.
- **Agenda**—
 - **4—groups arrive—go to Iowa Hall of Pride program in two groups (about 20-30 minutes each); beads, set up displays**
 - **4:45—Snacks and view displays on the way to HyVee Hall**
 - **5:15—Speaker, 5th grade recognition, 8th grade recognition**
 - **5:45—Groups return to their displays for a short conversation and group photo with speaker, then tear down displays**
 - **6:15—Out of there**
- **Program**—
 - Alternatives to Shawn Johnson—
 - Carrie Crist brought two girls from Hoyt Middle School who made the following suggestions—Woman firefighter or police officer but said girls will be happy with most any woman who comes and spends time with them
 - I suggested DSM Police Chief Judy Bradshaw
 - Marcia suggested Natasha Kaiser Brown, Olympian and Drake track coach
 - Talked about one of the older girls
 - Alyssa? Chelsea? From Brody who received the butterfly award a few years ago
 - Kym or Claudia who are graduating from high school this year and heading for college. They are from the Whyld Girls.
 - Bracelets—We talked about this; Sarah Coyle has done some research. The group at the March 10 had some ideas about sizes of beads etc. **Beth and Sarah, we need to get this decision made and beads ordered. I don't have the solution in my head well enough to be the one who coordinates this.**
 - Per bracelet—
 - 11 8 mm beads, one from each of the “regular” groups
 - One butterfly bead from Board or staff member
 - Sandwich bags with girl's name & elastic cord
- **Sharing**
 - Table display for each of the 11 “regular funded” groups, two for the elementary groups to share
 - Group mission statement
 - Why they are in the group
 - Project information about group
 - What they do
 - What they're about
 - Highlight from their year
 - Something the whole group is working toward
 - In addition, we will ask each group for two PowerPoint slides; the resulting show will run in the background throughout the program on big screens—Deadline—May 11
 - The first slide must have the name of the school AND the girls' group name.
 - Slides can include any of the above and/or--
 - Pictures (group shot of everyone; pictures of what they do)
 - Music (request song and group; I will add)
- **Food—(Discussion, Bailey Dorsett)**
- **more than one food table/line to spread out the crowd and get people thru more quickly and efficiently. 2 separate locations possible? Variety at each place/station**
- **Jantina suggested contacting commodity groups for sponsorship—**
 - Nancy Degner, Executive Director, Iowa Beef Industry Council – nancy@iabeef.org
 - Cayla Westergard, Director of Consumer Affairs, Iowa Egg Council/Iowa Poultry

Association – cayla@iowaegg.org

- **Gretta Irwin, Executive Director/Home Economist, Iowa Turkey Federation/Iowa Turkey Marketing Council – gretta@iowaturkey.org**
- **Linda Funk, Executive Director, The Soyfoods Council – lfunk@thesoyfoodscouncil.com**
- **Joyce Hoppes, Promotion & Consumer Information Director, Iowa Pork Producers Association – jhoppes@iowapork.org**
- **Nicole Stahr RD, LD, Nutrition Affairs, Midwest Dairy Council – nstahr@midwestdairy.com**

▪ **Suggestions from girls (please see HyVee Hall caterer offerings)**

- Cocktail sandwiches—
 - Turkey, ham, beef, cheese (sponsored by commodity groups)
- Chocolate fountain with strawberries, bananas, pretzels, Rice Krispie treats, angel food cake
- Veggie & fruit trays
- Apple juice
- Pop—mini cans or soda fountain (cherry 7Up, Dr. Pepper, Mountain Dew/Mellow Yellow)
- Ice
- Ice tea
- Lemonade
- Water

▪ **Recognition/decorations—**

- Invite Chrysalis alums to HerStory
- **Theme—**
 - Bright fun springtime—butterfly curtain/display
 - “Healthy Living” theme
- Music playing (Graduation song while giving out awards); quotes from famous women mixed in (can be part of the PowerPoint)
- Graduation=scroll/diploma signed by Chrysalis Foundation
 - Group recognition for 5th grade girls; announce group, stand, cheer—envelopes with certificate to facilitators for giving out at group
 - 8th grade (51 girls)—
 - Certificate & list of recommended books
 - \$10 gift card from Borders or Barnes and Noble
 - Fancy box