



# REGGIE'S SLEEPOUT

October 24 – 25, 2009

## **Chrysalis After-School Leaders and Girls:**

You are invited to be a part of Iowa Homeless Youth Centers 2009 Reggie's Sleepout. CAS program participants have the opportunity to volunteer and/or camp as a team.

Reggie's Sleepout Volunteers must be 18 years of age or supervised by a volunteering adult. Volunteers are asked to sign in 30 minutes prior to their volunteer shift. This event is a tobacco, substance and alcohol free. All photos taken of volunteers during the event may be used for future media publications. (See next page for answers to frequently asked questions.)

## **Reggie's Sleepout Volunteer Opportunities**

“Thank-You” Bag Preparation

Event Set-Up

Field Marshall

First-Aid Station

Food Station Assistants

Form Table Volunteer

Games Station

Line Guide & Greeters

Photo Booth

Reggie's Store

Registration Table

Tear Down / Clean Up

Unloading Cars / Cart Driver

Video Booth

Volunteer Check-In Table

For volunteer descriptions and available shifts, or to register as a Reggie's Sleepout Volunteer, visit [www.http://yss.volunteerlocal.com/](http://yss.volunteerlocal.com/), or contact Toni Nicol at 515-265-1222.

## **FREQUENTLY ASKED QUESTIONS**

### **What is the best way to get information on Reggie's Sleepout?**

Through the event website ([www.reggiessleepout.org](http://www.reggiessleepout.org)). You can get all the details for the event and even directly donate - or have your friends, family, and community members donate money on your behalf by registering yourself as an individual, team, or joining someone else's team. It's fast and easy to use - plus you can email your friends to sponsor you through the "friends asking friends."

### **Will Food be Available at Reggie's Sleepout?**

Yes. There will be an evening meal provided along with water, hot chocolate, and coffee. We do not allow gum, food, drinks, and snacks. Please observe this rule. IHYC is responsible to keep the stadium clean. This is a tobacco and alcohol-free event, so there will be no tobacco or alcohol allowed on the premises and violators will be escorted out.

### **What Can I Sleep In?**

You can bring a cardboard box, a pup tent (no stakes) or a sleeping bag to sleep out under the stars if you're feeling lucky.

### **I don't have a cardboard box big enough to sleep in- where can I get one?**

There are many businesses in town where you might find a box like this. Appliance stores, grocery stores, large electronic stores, furniture stores. We've contacted the major ones, and they should be willing to help out.

### **It's October in Iowa, so how can I stay warm?**

Most importantly, bring a tarp or a layer of cardboard to put under you box, tent or sleeping bag. Do not bring a cot to sleep on. It's much colder than sleeping on the ground. Wear a hat - preferably wool - all night long, as well as clean, dry wool socks. There will also be a warming tent and access to the Drake Fieldhouse to warm up.

### **What if it rains?**

The event will go on, rain or shine.  
There will be some covered shelter onsite in case of rain.

### **What about safety?**

Safety is a major priority for Reggie's Sleepout, and there will be onsite security, Field Marshalls and a first aid table staffed by trained volunteers the entire time.

### **Are children welcome at Reggie's Sleepout?**

Absolutely, the more the merrier! We just ask that anyone under 16 be accompanied by an adult.

### **Can you leave the event and come back in?**

Yes and no. In order to maintain security for the event, the doors will be closed at 10 p.m. Once you leave after 10 p.m. you will not be allowed back in.

More details are available at [www.reggiessleepout.org](http://www.reggiessleepout.org), or call 515-265-1222.