

C H R Y S A L I S  
A F T E R - S C H O O L

Results, 2008-2009

**GIRLS BECOME MORE RESILIENT**

“I want to be a facilitator for Chrysalis or be a role model for others and inspire people no matter their body shape, size, and color. I want people to know what I have had to go through to even be half of what I am today. I still may not love myself as I should but I am making progress from just being here and what I do.”--GOODRELL MIDDLE SCHOOL CSI GIRLS GROUP MEMBER, SPRING 2009



**Girls Empowered to Achieve Economic Independence**

“Helping decide about spending Chrysalis After-School money Makes me feel I am ready for the real world!--GOODRELL MIDDLE SCHOOL CSI GIRLS GROUP MEMBER,”

FALL 2009

**GIRLS DEVELOP LEADERSHIP SKILLS**

“Helping plan for Chrysalis After-School makes me feel like I can stand for what I want.”--WOODSIDE MIDDLE SCHOOL FBI MEMBER, FALL 2009

**2008-2009 Group & Survey Data**

286 girls participated in Chrysalis After-School	249 completed the Fall Survey
Groups maintained an average 1:10 ratio staff to girls	33% of these girls had participated before
66% qualified for free or reduced lunch	187 completed the Spring Survey
16% had Individual Education Plans	156 said they help plan at least some of the time
82% completed the program	Over half the facilitators participated in at least two days of youth development training

## EVIDENCE

### Girls who participated in Chrysalis After-School--

- ☀ Believe in themselves and their goals (75%). The girls' parents say Chrysalis made them believe in themselves more than they did before (89%)
- ☀ Learned to communicate better With parents (75%, 78% of parents agree)
- ☀ Learned how to take care of their health (89%)
- ☀ Believe it's important to wait to date! (2007--19%; 2008--30%; 2009--39%)
- ☀ Expect to graduate from high school (93%) and want to go to college (92%)
- ☀ Did better in school (84%) and communicated better with teachers (73%; 79% of parents agree)
- ☀ Attended most (94%) of school days (75%)
- ☀ Like earning money (72%, up from 62% in 2008)
- ☀ Know when to stand up for themselves (77%) and for what they believe (75%)
- ☀ Can organize a group to reach its goals (57%), are comfortable speaking to a group (43%) and like finding new ways of doing things (69%)
- ☀ Know it's wrong to discriminate (85%) and say they accept differences (82%)
- ☀ Are trustworthy (96%) and responsible (93%)
- ☀ Are good team members (68%), work together as a team (97%) and have a good sense of humor (75%)

